

VILLAGE HEALTH ASSOCIATES

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This letter is written as a testimony to the skills, professionalism, and talents of a very fine health care professional, Dr. Michael Brooks. I have known and been a patient of Dr. Brooks for over twenty years. In that time, I have come to appreciate the effects of Chiropractic Care for my pain. I have also noted the improvement in other areas of my body and health after Dr. Brooks adjusts my spine. Not only does my back and neck feel better but my allergies stay under better control; also, my headaches are much less frequent and my emotional health seems better after his adjustments.

As a Doctor of Medicine, I was educated about the human body's workings. I was taught in medical school that the body communicates with the brain and the brain communicates with the body through a system of hormones, cranial nerves, and through thirty-one pair of spinal nerves. The spinal nerves come out of each segment of vertebrae (vertebrae are the bones in our neck, mid back, and low back) and each one of our vertebrae are attached to muscles. When muscles are having a spasm from injury, stress, or disease, these vertebrae can become misaligned. The misalignments can lead to "pinched nerves" so that the body and brain don't communicate as well. This is the reason that Chiropractic Care is vital to realign the spine and re-open the communication between the body and brain. None of the pills I prescribe can do that. That is why I refer my patients with neck and back pain to Chiropractic Care.

If you suffer from neck and back pain, I highly recommend your care to Dr. Brooks. You may be pleasantly surprised to see that more than your neck and back will feel better. If your symptoms do not improve he will gladly refer you to a Medical Doctor for further evaluation, care, and treatment.

Sincerely,



Thomas G. Roberts, PA-C, M.D.